



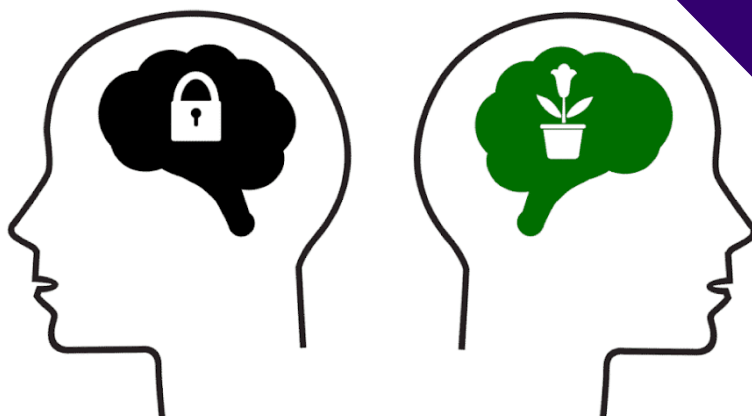
Biology Seminar

By: Dr. Elizabeth Canning

Washington State University | Assistant Professor, Department of Psychology

<https://labs.wsu.edu/bold/>

Instructors as Meaning-Makers: Growth Mindset Messages that Support Stigmatized Students



Monday, November 14, 2022
12:00PM | HCK 132

In this talk, Dr. Canning will discuss her recent research on cultivating growth mindset cultures in the

classroom—the idea that anyone can develop their abilities over time with good strategies, hard work, and seeking help. Three empirical studies suggest that growth mindset messages from instructors inspire motivation and promote performance for people excluded due to their ethnicity/race, women in STEM, and first-generation college students. Discussion will center on evidenced-based, practical strategies that instructors can implement in their classes to narrow performance gaps and support stigmatized students.

